

## CENTER FOR DIAGNOSIS, THERAPY AND RESEARCH IN PSYCHOMOTOR THERAPY (CDSRP)

The Center for Diagnosis, Therapy and Research in Psychomotor Therapy (CDSRP) is an integral part of the Institute of Psychomotor Therapy (IPM) in its clinical, academic and research endeavors.

Clinically, it offers affordable diagnostic and therapeutic services for patients of all ages, specializing in the assessment and treatment of psychomotor disorders. Additionally, CDSRP guides patients toward suitable treatments, medical consultations, as well as academic and professional structures.

Academically, IPM instructors provide Master's students with theoretical and practical training at the Center. This includes discussions with parents, multidisciplinary meetings, care protocols, diagnostic refinement, assessments, and treatment techniques. These experiences help students enhance their professional practice in psychomotor therapy, develop a strong professional identity, and understand the importance of effective care.

Research-wise, the CDSRP team, in collaboration with the IT team, has developed a software to digitize data collection and track treatments for various complex cases. This database allows instructors and students to evaluate techniques and validate protocols for psychomotor treatment and psychomotor tests.

The CDSRP specializes in:

- Motor skills rehabilitation through a combination of personalized cognitive-body approach with tailored protocols and artificial intelligence (AI) tools, including virtual reality (Kinect X-Box);
- Handwriting analysis using digital tablets (Arabic writing, biscriptality, dysgraphia);
- Biofeedback application (work-related stress, anxiety, writer's cramp, generalized contractions);
- Rehabilitation using motor imagery (MI) (motor coordination, movement planning, etc.)

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